

Douglas Park Public School Sport and Physical Activity Policy



This policy is current of December 2018. It is supported by the **NSW Government Sport and Physical Activity Policy**

- <https://education.nsw.gov.au/policy-library/policies/sport-and-physical-activity-policy>

Purpose of our Sports Program

- To promote enjoyment and involvement in sport for life
- To encourage students to lead a healthy lifestyle through participating in physical activity
- To encourage students to participate in sport at a competitive level through PSSA
- To develop students' twelve fundamental movement skills as per the NSW PDHPE syllabus
- To promote sportsmanship, responsibility and teamwork.

Rationale

- At Douglas Park Public School, sport is an integral part of the curriculum. Sport is provided on a class, grade, stage and whole school basis. School representative teams play in the summer and winter PSSA competitions.
- Students in Years K-10 participate in a minimum of 150 minutes of planned moderate with some vigorous physical activity across the school week. This time includes planned weekly sport.
- All children are encouraged to participate/try out for the PSSA teams and all children from Years 3 - 6 have the opportunity to trial for school representation in the PSSA competitions.
- Representing Douglas Park Public School is a privilege made available through dedicated teachers working above their normal workloads. Individual students must at all times display exemplary behaviour and good sportsmanship when representing the school.
- Students may represent the school, the zone and the region in various sports.
- All principals, teachers and support staff in NSW Government schools must comply with the requirements stated in the following documents unless exceptional circumstances arise.
 - **Requirements for all sport and physical activity document**
<https://app.education.nsw.gov.au/sport/File/1449>
 - **Relevant specific sport and physical activity guidelines**
<https://app.education.nsw.gov.au/sport/Page/1114>
- The policy is supported by the Sport Safety Guidelines. The guidelines:
 - Address the supervision and welfare of students, equipment, venues and specific safety conditions and procedures for an extensive range of sports and physical activities.
 - Include a list of banned activities.
 - Provide procedures for Principal Endorsed Activities that guide principals in approving a sport or physical activity that is not specifically covered elsewhere.

Douglas Park School Carnivals

Douglas Park Public School runs carnivals in swimming, cross country and athletics for 8 to 13 year old students. From these carnivals, students are selected to represent the school at the Razorback Zone carnival. School carnivals are organised by staff members and run with the help of parent volunteers.

Razorback Zone PSSA Carnivals (Athletics, Cross Country & Swimming)

At the conclusion of school carnivals the School Sports Coordinator will select a team to represent DPPS at Zone level. Students must meet zone qualifying times, heights or distances in some events in order to attend. Selection of relay teams is at the discretion of the team coach.

Students must compete in all events in which they are selected. If a student opts to withdraw from an event for which they have qualified then the school reserves the right to withdraw the student from the carnival.

Other

If a student is absent from the school carnival or suffers illness or injury during the school carnival, and wishes to be included in the team to compete at the Razorback PSSA Zone Carnival then they may apply for a Special Entry. Such applications must be in writing and will be considered by a panel which will consist of the Sport Committee and the Principal. To be successful, an application will have to show that the student has exceptional ability in that particular sport and an acceptable reason for not attending the carnival such as representing the school/Zone/Area/State at another school based activity. This is consistent with usual practice at Zone, Area, State and National level. The application will then be sent to the next level for consideration by the organiser.

Points Allocation for School Sports Champion

Each year on presentation day, we award a trophy to the junior and senior Sports Champion. A points system calculates a score for each student which takes into consideration school, zone, regional and state success. This system is based on participation in sports endorsed by the PSSA. **Non-PSSA sports will not be considered.**

School:

At school level students get 4 points for winning any PSSA event at a school carnival, 3 points for placing 2nd, 2 points for placing 3rd and 1 point for placing 4th.

NB places and points are only awarded for PSSA events, students do not receive points for participating in novelty events, 25m and house relays.

Swimming Carnival	For each PSSA event 4 points for 1 st place 3 points for 2 nd place 2 points for 3 rd place 1 point for 4 th place
Cross Country	Double Points as one event only 8 points for 1 st place 6 points for 2 nd place

	4 points for 3 rd place 2 points for 4 th place
Athletics Carnival	For each PSSA event 4 points for 1 st place 3 points for 2 nd place 2 points for 3 rd place 1 point for 4 th place

Zone:

Each student who represents Douglas Park at Zone level receives 3 points for each carnival. If they get a placing at Zone level they each extra points depending on the place. eg 1st = 5 points; 2nd = 4 points; 3rd = 3 points, 4th = 2 points.

Event	1st	2nd	3rd	4th
Zone Swimming	5 points	4 points	3 points	2 points
Zone Cross Country	5 points	4 points	3 points	2 points
Zone Athletics	5 points	4 points	3 points	2 points

Regional:

Each student who represents Douglas Park at Regional level receives 8 points. If they get a placing at Regional level they each extra points depending on the place. eg 1st = 5 points; 2nd = 4 points; 3rd = 3 points, 4th = 2 points.

Event	1st	2nd	3rd	4th
Regional Swimming	5 points	4 points	3 points	2 points
Regional Cross Country	5 points	4 points	3 points	2 points
Regional Athletics	5 points	4 points	3 points	2 points

State:

Each student who represents Douglas Park at State level receives 12 points. If they get a placing at State level they each extra points depending on the place. eg 1st = 5 points; 2nd = 4 points; 3rd = 3 points, 4th = 2 points.

Event	1st	2nd	3rd	4th
State Swimming	5 points	4 points	3 points	2 points
State Cross Country	5 points	4 points	3 points	2 points
State Athletics	5 points	4 points	3 points	2 points

Razorback Teams:

Students who play on the Razorback team at regional carnival will receive 8 points for their participation. Students **will not** receive any points for attending trials or being placed on the reserve lists. They must have a successful trial in order to receive any points towards the school Sports Champion award.

Sydney South West Team

Students who play on the Sydney South West team at the State carnival will receive 12 points for their participation.

State Team

Students who play on the State team at the National carnival will receive 20 points for their participation.

Students who are absent for school carnivals that receive an invitation to Razorback, Sydney South West or State teams will not receive school based points but will receive for zone, region or state points

Please note that students must participate in sports carnivals on the day they are held, in order to receive any points. This is for all events at all PSSA sports events in the calendar year

Revised December 2018